



ESSE Lunch Menu | 895

Fjord Shrimps | 42% Søtofte Cream | Red Seaweed | Angelica

Mackerel | Courgette | Smoked Roe | Fennel

Fermented Potato Bread | House Cultured Butter

Toftegaard Tomatoes | Red Currants | Oregano

Grilled Turbot | Genovese Basil | Chicken Butter

Sea Buckthorn | Toasted Leaves | Burnt Meringue

Menu subject to change



ESSE Journey Menu | I595 (Available for reservations between 12.00 – 12.30)

Fjord Shrimps | 42% Søtofte Cream | Red Seaweed | Angelica

Mackerel | Courgette | Smoked Roe | Fennel

Fermented Potato Bread | House Cultured Butter

Toftegaard Tomatoes | Red Currants | Oregano

Lobster | Rhubarb | Summer Herbs | Chicken Skin

Chilled Noodles | Sunflower Seed | Epazote | Mint | Chili

Turbot Belly | Crème Fraîche | Buckwheat | Baerii Caviar

Grilled Turbot | Genovese Basil | Chicken Butter

Søtofte Yogurt | Blackened Beach Rose | Meadowsweet

Sea Buckthorn | Toasted Leaves | Burnt Meringue

Menu subject to change